



# COOK LIKE A STAR



## SEBASTIAN "BASH" JOHNSON

35

LOS ANGELES, CA

HT: DETROIT, MI

PRIVATE CHEF / CHOREOGRAPHER

 @chefbashj    @bash.johnson

**TALENT:** DANCER

## THE ACT...

Bash will begin his cooking performance with a dramatic entrance, popping up from a hydraulic stage like Michael Jackson. Alternatively, he could emerge with other dancers from various cabinets and doors strategically placed around the stage set. They'll start in the kitchen, using aprons and cookware as props, incorporating large, rippling movements and smooth transitions. Next, Bash will move to the cooking station where ingredients will magically appear out of the countertop, creating a sense of illusion while dancers seamlessly pass him supplies. The dancers will then form a human table, providing Bash with a unique prep station. They might even transition into dancing figures on the countertops for added flair. For extra pizzazz, Bash will theatrically season his dish, sending a vibrant burst of paprika (like red dust) and a celebratory sprinkle of parsley confetti into the air. To end the act, the dancers will form a human staircase, allowing Bash to climb to the top and dramatically present his dish to the judges. Synchronized with the music, he could even incorporate bursts of pyro and flames erupting from the stove beneath his skillet.



## ABOUT

- Bash hails from Detroit, a city steeped in music, hustle, and soul food. Growing up amidst a family full of skilled home chefs, Bash also found early inspiration in Emeril Lagasse's energetic cooking shows. At the same time, Bash found another passion in dance — and he fell in love with his high school step team experiences. These influences instilled a sense of rhythm and creative expression that continue to drive both his cooking and dance career paths.
- Driven by his passion, Bash's path led him from dancing for superstars like Mariah Carey and Chance the Rapper to teaching dance in China for three years, where he also mastered Mandarin. His time abroad not only honed his linguistic abilities but also fueled a fascination with international flavors and cooking techniques.
- Now in Los Angeles, Bash seamlessly blends his two loves. He teaches dance classes, infusing them with his signature energetic style, and hosts private chef events where guests savor both his culinary creations and his dynamic personality. He's even curated menus for hotspots like 1010 Wine and Jerk Kitchen, showcasing his ability to adapt his diverse culinary knowledge. During the pandemic, he was hired by his first celebrity client as a private chef — for Kimora Lee Simmons.
- His culinary repertoire spans American, Mexican, Italian, Chinese, Soul food, and Mediterranean favorites, reflecting his adventurous palate and global experiences.
- Bash believes this show is his destiny, a culmination of his dedication to dance and food. He's not just here to compete; he wants to break down the boundaries between artistic disciplines and inspire others to fearlessly pursue their passions. Bash's unique mix of talent, charisma, global flavors, and unwavering self-expression will make him a standout competitor. Ultimately, Bash knows he manifested this opportunity — and he promises not to let it slip through the cracks.

